



GOONAWARRA
NEIGHBOURHOOD HOUSE

A Strong & Vibrant Community

Programs and services to learn, grow, and connect

Term 2 - 2024 Guide



Who Are We?

Goonawarra NH seeks to be inclusive and supportive of people from diverse backgrounds and varying abilities. We believe every individual has inherent worth, knowledge and skills.

Scan to book or head to www.goonawarranh.com.au



8 Gullane Drive, Sunbury Vic 3429

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Office Hours: Monday to Thursday, 9:00 am - 5:00 pm; Friday, 9:30 am - 1:30 pm

We acknowledge the Wurundjeri Woi Wurrung people, including the Gunung-Willam-Balluk Clan of the Kulin Nation, the traditional owners of Goonawarra.



For The Little Ones

Plant & Play Tuesday 9:30 am - 11:00 am

Children learn basic gardening skills and enjoy harvesting the crops while they play.
Term fee \$65 (11 weeks)

TOT's Movement to Music Thursday 9:15 am - 10:00 am

Dancing & Singing for 2 - 4 year olds.
Term fee \$65 (11 weeks)

Sensory Playgroup Friday 9:30 - 11:00 am

Facilitated messy playgroup for children of all abilities.
Term fee \$65 (11 weeks)

Family Playgroup Saturday 9:00 - 10:30 am

Facilitated playgroup for young working families who can't attend a playgroup during the week.

*This Playgroup is
Funded by Playgroup Victoria*



For Primary Kids

Boyz Hang Out Monday 3:45 pm - 5:15 pm

Our Youth Worker, Carly, facilitates this skill-building program for boys aged 8 - 10.
Referral only.

*This Program is Sponsored by
the Magistrates' Court of Victoria*



Kids in the Kitchen Monday 4:00 pm - 5:30 pm

Kids 9-12 years old, learn cooking, social and life skills.
\$120 for 8 weeks.

Acrobatics for Primary School Kids Wednesday 4:00pm - 4:45 pm

Term fee \$65 (11 weeks)

Girls Circle Thursday 3:45 pm - 5:15 pm

Facilitated by our Youth Worker, this Empowerment group is a skill-building program for girls aged 10 - 12. *Referral only.*

*This Program is Sponsored by
Comazor Alliance*



For The Teens

Positive Beats - Drumming Tuesday 4:00 pm - 5:30 pm

This resilience and capacity-building program is for eligible teens aged 13 - 17 experiencing mental health challenges.

*This Program is funded by The
Sunbury & Bulla Neighbourhood
Fund.*



Teens in the Kitchen Wednesdays 4:00pm - 5:30pm

Teens 12 - 15 years old, learn cooking, social and life skills.
\$120 for 8 weeks



For All Ages

Clay Play Monday 6:00 pm - 8:00 pm

Informal clay-making sessions are a great way to get your hands dirty and connect with locals. \$20 initial fee, then pay per kilo of clay.

Walking Group Tuesday 9:15 am - 10:15 am

Local walking, talking, social group. Finish with a cuppa at the house.

Chatty Cafe Tuesday 10:00 am - 12:00 pm

Come have a chat and enjoy a cuppa with our volunteers and staff. Anyone can join in.

Master Your Sewing Machine Tuesday 6:00 pm - 7:30 pm

Learn to master your sewing machine and basic sewing techniques. BYO machine, laughs, and friends provided.

\$100 for four weeks.

With One Voice Community Choir Tuesday 6:30 pm - 8:00pm

No skills are required; just come along, enjoy yourself, and make new connections.

This Program is facilitated by With One Voice, Membership Fees on Enquiry.



Sunbury Craft Group Wednesday 10:00am - 1:00pm

Create, sew, make and laugh with a great group of women.
Gold Coin Donation

Watercolour painting for beginners Wednesday 6:00 pm - 7:30 pm

Learn basic painting techniques with artist Pam. Create landscapes, flowers, animals and more.
\$50 for an 8 week program.

Food Parcels Thursday 11:00 am - 12:00 pm

Food relief for local community members. Pantry staples, fruit, veggies, dairy and frozen items. Collection is from the Goonawarra Community Hall, Next to the house.
\$5 per parcel

Tabletop Roleplay Gaming (D&D) Thursday 7:00 pm - 10:00 pm

This fortnightly get-together is for anyone interested in role-play gaming, meeting new people and have fun.
Gold coin donation



For The Young At Heart

Eating Well for Seniors Monday 11:00 am-1:30 pm

Don't eat alone when we can cook and eat together and learn healthy cooking tips while sharing stories.

This Program is funded by The Sunbury & Bulla Neighbourhood Fund.



Goonawarra Drop-in Thursday 10:00 am-12:00 pm

Meet local women and enjoy laughs and great conversation.
Gold coin donation.

Movement & Dance for Over 50s Thursday 10:00 am - 10:45 am

No matter your level of mobility, this class will get you moving. Chair dancing is an option for those with limited mobility
Term fee \$65 (11 weeks)



Did You Know We Can Also Help With

- **Emergency Food Relief**
- **Power Saving Bonus Applications**
- **Sick Pay Guarantee Applications**
- **No Interest Loans for Everyday Essentials**
- **Tax Help**
- **Financial First Aid**
- **Referrals to Services, including Domestic Violence or Multicultural Services**
- **Resume Writing**
- **Job Interview Readiness**
- **Photocopying, Scanning & Printing**
- **Books and Puzzles to Borrow**

Do you have an Idea for a program or group you would like to see at Goonawarra or how you would like to get involved?



The Not So Fine Print

School Holidays

Classes, Programs or Groups do not run during public holidays or school holidays, unless advertised as part of our School Holiday Program.

Refunds

You will receive a refund if you withdraw seven days before the class's advertised commencement date withdraw at lea. Refunds after commencement will be considered for special circumstances at the house's discretion. Refund requests need to be in writing. A cancellation fee of \$20 applies to help cover administration costs.

Minimum Numbers

Some classes, groups, and programs require a minimum number of enrolments to operate; this can be for facilitation or budget requirements. If the minimum number of enrolments has not been reached, you will be notified by the house two business day prior.

Concessions

Classes, programs and groups are heavily subsidised by the House or our generous sponsors. Prices are set to help cover the costs of staff and materials for a particular group where funding constraints mean this can not be offered to the community at no cost. There is limited scope for discounts, which are considered on a case by case basis by the House.

Goonawarra NH is a Not-For-Profit organisation; program fees help cover ongoing costs, including electricity, water, gas, wages, and insurances that allow the house to operate. Unfortunately, funding has not kept pace with the rise of everyday essentials.

Goonawarra Neighbourhood House Inc.
Incorporated Association: A0021521T
ABN: 17 827 193 183